



3 in 5 of us will care  
for a relative or a  
friend in our lifetime

Get the information,  
support, advice and  
help that you need

Do you  
care?



**Carer Support Wiltshire is an independent charity that provides free and confidential support to unpaid carers all across Wiltshire.**

**We help anyone who helps another person in their day to day life, usually a relative or friend, who could not manage without that support.**



**Carer  
Support  
Wiltshire**

**carerstrust**  
a Network Partner

**Want to find out more?  
Freephone 0800 181 4118  
Visit [carersinwiltshire.co.uk](http://carersinwiltshire.co.uk)**